

# Jack Laugher Leisure and Wellness Centre swimming pool programme

25 April - 22 July 2022

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9
<b>Monday</b>		*Lane Swim	Lane swim	Adult lessons		Schools		General swim		Schools		General swim		Schools		General swim		Learn to swim		General swim	Swimming club		Lane swim		Swimming club					
<b>Tuesday</b>		*Lane Swim	Lane swim	Aquaft	Accessible swim	General swim		Staff training		Learn to swim		General swim		Aquaft		Triathlon club														
<b>Wednesday</b>	*Lane Swim	Lane swim		Schools		General swim		Schools		General swim		Learn to swim		General swim		Aquaft		Lane swim												
<b>Thursday</b>		*Lane Swim	Lane swim	Aquababes	General swim		Learn to swim		General swim		Swimming club		Lane swim																	
<b>Friday</b>	*Lane Swim	Lane swim		Schools		General swim		Schools		General swim		Learn to swim		General swim		Lane swim														
<b>Saturday</b>		Lane swim	General swim	Learn to swim	General swim		Fun session with inflatable		Party hire	Party hire																				
<b>Sunday</b>		Lane swim	General swim	Family swim	Fun session with inflatable		Party hire	Private hire/ staff training																						

Programme subject to change | We run an alternative programme during school holidays.

\*45 minute session available for members to book via the Brimhams App